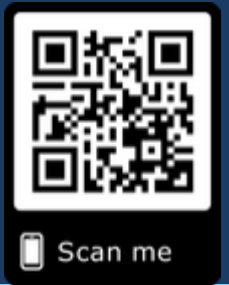


YOUTH-FRIENDLY HEALTH WORKSHOPS

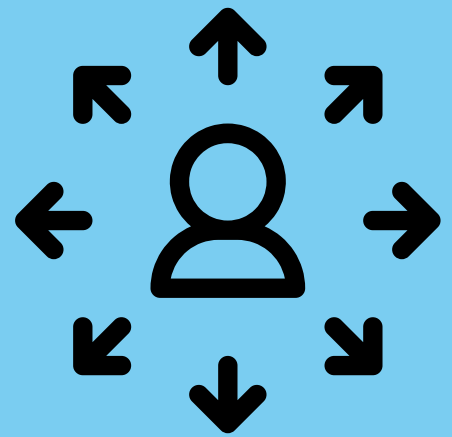
3950 N. AW Grimes Blvd., Round Rock, Texas 78665
(2nd Floor)

RSVP at [512-900-1780](tel:512-900-1780) or lonestaryac@gmail.com



TRUE COLORS: FIND YOUR CAREER MATCH

Do you know what you want to be when you grow up? Whether you have an answer to that question or not, join us to see how your personality matches with certain careers.



Sunday *** August 18, 2019 *** 5-7pm



CPR TRAINING FOR YOUTH

Imagine you see someone who stops breathing or becomes unresponsive. What would you do to help? Why not learn a skill that could save a life?

Sunday *** September 15, 2019 *** 5-7pm

ADVOCACY SKILLS FEAT. LGBTQ+

How do you communicate with others about the things that matter to you? Attend this workshop to learn tips to advocate for the issues you consider important.

Sunday *** October 20, 2019 *** 5-7pm



SELF-CARE FOR MENTAL HEALTH

How do you cope when life doesn't go the way you expected? We'll hear about choosing healthy ways to manage your moods from a licensed therapist.

Sunday *** November 17, 2019 *** 5-7pm



YOUTH CLINIC

[#lonestaryac](https://www.instagram.com/lonestaryac)

Lone ★ Star
Circle of Care